



# Millcroft Living

A Spirit of Loving Care

## Sample Dining Menu

### Breakfast

Very Vanilla French Toast  
Breakfast Meat of Choice  
Seasonal Fruit  
Hot or Cold Cereal

### Lunch

#### Option 1

Baked Fish Almondine  
Mushroom Orzo  
Seasoned Fresh Broccoli  
Bread or Roll & Butter or Margarine

#### Option 2

Chicken Parmesan with Tomato Sauce  
Spaghetti Noodles  
Seasoned Fresh Broccoli  
Bread or Roll & Butter or Margarine

#### Dessert

Lemon Bar

### Dinner

#### Option 1

Sausage with Apple Sauerkraut  
Roasted Sweet Potatoes  
Dilled Green Beans  
Bread or Roll & Butter or Margarine

#### Option 2

Vegetable Cheese Chowder  
Crackers  
Seasoned Turkey Salad on Spinach  
Bread or Roll & Butter or Margarine

#### Dessert

Sour Cream Pound Cake



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## Always Available Menu

### Breakfast

Scrambled Eggs  
Hard-Boiled Eggs  
French Toast  
Bacon  
Toast (White, Wheat, Rye)  
English Muffin  
Bagel (Plain or Raisin)  
Oatmeal  
Cream of Wheat  
Rice Krispies  
Corn Flakes  
Cheerios  
Raisin Bran  
Tator Tots

### Other

Applesauce  
Canned Fruit  
Fresh Fruit  
Yogurt  
Pudding  
Ice Cream  
Saltines  
Peanut Butter Crackers  
Graham Crackers  
Cookies

### Lunch and Dinner

Soup of the Day  
Chicken Broth  
Hot Dog  
Deli Ham\*  
Liverwurst\*  
Tuna Salad\*  
Chicken Salad\*  
Grilled Cheese Sandwich  
Scrambled Eggs and Toast  
Hard-Boiled Eggs  
Peanut Butter & Jelly Sandwich  
Cottage Cheese and Fruit Platter  
Breaded Chicken Tenders  
French Fries

*\*Can be served as a sandwich on white, wheat, or rye bread or a cold plate with lettuce and tomato. Swiss or American cheese available.*